



# Project Canoe COVID-19 Day Program Safety Practices

## Overview

Project Canoe is committed to responsibly and safely running programming during the age of COVID-19. We have put a lot of thought into practices we would need to implement in order to do so. With the help of the Ontario Camping Association, as well as Public Health Ontario Guidelines, we have created the following COVID-19 practices. As this is an evolving situation, our practices may change as we gain new information or recommendations. This document will be updated regularly to reflect those changes.

The following plans were designed in order to:

- Keep staff and youth safe and healthy while participating in our programming
- Prevent the potential spread of COVID-19 throughout our communities
- Allow youth to participate in a Project Canoe program safely and have the same kind of meaningful experience as any other year

We are asking all youth participants to help us make it possible to run safe programs by remaining flexible and following the practices listed below.

## Before the Program Starts

- When registering for a program, there will be some additional questions and steps to the process in order to all be on the same page about the up-to-date COVID-19 practices and safety requirements, as well as for Project Canoe to understand each person's level of comfortability with the process.
- We will collect all information required for contact tracing and adhere to local Public Health guidance.
- Where applicable, Youth will be encouraged to become vaccinated.
- Each participant and staff will be asked to fill out a screening form upon arrival to the program.



## During the Program

- Project Canoe programs will maintain small group sizes.
- All staff and youth will maintain 2 meters (or 6 feet) of distance from each other as much as possible.
- Activities, games and rituals will be adapted to be able to adhere to physical distancing requirements.
- Masks will be worn by youth and staff at all times while indoors, or in situations where 2 meters (or 6 feet) can not be maintained. An exception will be made while on or close to the water during any water activities.
- Youth must also be willing to follow all other instructions for reducing the risk of spreading COVID-19, such as frequent hand washing, sanitizing gear, regular health checks and screening practices.

## Our Staff

- Staff will be asked to follow all Public Health guidelines, as well as undergo regular screening practices, before and after each program.
- Staff will carry a COVID kit with them to each program which will have masks, hand sanitizer, disinfectants, thermometer and screening forms.
- Project Canoe leadership will strongly recommend and encourage all staff to become vaccinated against COVID-19, as recommended by the Ministry of Health and Provincial Health Officer.

Check out our [FAQ](#), or reach out to our Program Director, Jaimie, at [jaimie@canoe.org](mailto:jaimie@canoe.org) if you have any further questions about what Project Canoe is doing to mitigate the risks of COVID-19 in our programs.